"The Water's Fine!"

Saunders' Lake, just off Route 460 at Spout Spring, is the newest recreation area in the county. Eugene Saunders, owner, has developed a swimming area on one side of the eight acre lake. Fireplaces for outdoor cookouts are being constructed alongside picnic tables near the lake, with fishing and camping facilities in the planning stage for next year. Herbie Pulliam, above, waves to the camera while the other lifeguard, Frank Wightman, watches the swimmers. Both boys are from Appomattox.

Lawn Party Planned July 4

Lawn Party — Oakville School Saturday, July 4th — 1 p.m. Ball game, Basts, Drinks, Kiddie Rides games — Pun for all. Fried chicken, ham, homemade ice cream, pie, cake and trimmings. This Lawn Party will be sponsored by The Oakville Ruritan Club.

"AHAB" Does It Again

Herbie Pulliam, many- time winner of talent contests, did it again Saturday morning, June 20, with a novelty act that won him a silver bowl as a first place winner in the 'Marketteers Talent Show", part of the National Livestock Marketing Congress meeting at the John Marshall Hotel, Richmond, Va.

Herbie, a summer student at RPI, is now at 4-H Short Course, Blacksburg. He's a June graduate of Appomattox High; was state "Share the Fun" winner two years ago with his "Ahab the Arab" routine.

VEC Seeks

(Continued from page 1)

youth.

To qualify as a potential Counselor Aide, Houston A. Martin, manager of the VEC office, said an applicant must be a college graduate, preferably in counseling, psychology, social work, education, sociology, or in related fields. Applicants chosen will be given eight to ten weeks of concentrated instruction in one of about 20 colleges and universities, which are cooperating, between July 15, and September 15.

Applicants for Youth Advisor positions need not be college graduates, but must be over 21 years of age, and must possess the interest, special aptitudes, motivation and dedication necessary for this type of assignment, he explained.

Those selected to take the training will be paid as a minimum, travel and subsistence expenses, and the cost of training from federal funds.

Manager Martin added that application forms and other information is available at the local VEC office.

Lorox Emergency Measure Says Agent Smith

Some farmers are asking why we are not recommending Lorox for control of weeds in corn. This is a good question, so while some are asking the question, others may also like to know.

Lorox is one of the substituted ureas and does have clearance for use, both as a pre-emergence and post-emergence herbicide.

Research conducted during the past two years as a pre-emergence has caused stunting and discoloration of corn. In most instances, yields have not been reduced as a result of this injury. Thus, it is felt that more research is needed before Lorox can be recommended as a pre-emergence herbicide on corn.

Lorox would have a definite place as a post - emergence for control of grass and broadleaf weeds if directions are carefully followed. It will kill corn if applied directly on the top. The label suggests that it be applied when the corn is at least 15 inches high and the weeds 5 to 8 inches tall. The label further states that corn be high enough in order that the spray thoroughly covers the weeds but does not come in contact with the upper leaves by the spray or drift. Early cultivation is necessary in order to avoid injury.

At this time we would consider Lorox an emergency measure rather than a standard recommended procedure.

If this material is used, read and follow directions carefully.

Darkleaf

(Continued from page 1)

merely say that he would be so happy today to see the completion of the new Chesapeake Bay Bridge-Tunnel. At my desk is a special section of The New York Times—"Travel Wonder of The World." It makes possible a straight - shoot from New York to Florida. This project involved $200,000,000, and it will hurt Routes 301, 17, 15, 29 and 11 . . . but it will help America and in the long run what helps America, Northampton and Norfolk, will help Appomattox. You can't argue with common sense and common sense says: accept it and use every means available to lure the millions of North-South travelers to make side trips in Virginia. . . . such as to Williamsburg, the Valley, Appomattox and Natural Bridge. "You'll come!"

Swimming Is Fun . . . And Dangerous

(Editors Note: The following article is reprinted from the Charleston, South Carolina News and Courier.)

Swimming is such a wonderful sport it is a shame to spoil it by foolishness. While it can be regulated to suit the physical ability of the individual, all too often it is a rapidly exhausting, violent, exercise, as for instance when swimming in surf or currents, in competition, and the variation called SCUBA diving.

If anything more than reflectary floating is undertaken, the question of fitness to swim becomes important. This is concerned chiefly with the question of physical impairment of the lungs and heart. Fitness to swim may mean the difference between survival or death by drowning.

Even a strong swimmer in top physical condition may drown if he undertakes something which forces him to swim to exhaustion. But even an exhausted swimmer can rest while floating if he does not panic. Good swimmers are often tempted to swim farther, faster or stay submerged longer than they are able.

Testing one's limits swimming underwater is dangerous because the accumulation of carbon dioxide in the body can cause loss of consciousness while submerged. Avoid prolonged breathholding ventures. Surface if before every step, "Caution." Recognize the fact you are a novice at diving. Enroll for instruction in a recognized program, such as those sponsored by the YMCA. Learn how to dive safely. Choose your equipment with care, preferably after various better known makes. Then learn how to take care of it yourself. Don't trust your life to someone else.

Carbon monoxide leakage can render a driver unconscious before he knows he is inhaling the fumes. Since we keep our car windows closed in cold weather, it's an excellent idea to have our exhaust systems thoroughly checked.

Never Alone

Even an expert should never swim alone. Unpredictable difficulties can quickly become disastrous. One swimmer can support another for a long time if they both remain calm and conserve their energy. When two or more swim together there should be frequent rotation as leader so the weaker swimmer does not become exhausted just trying to keep up.

Swimmers in clear water tempts the person to take up diving. The underwater world beckons with the lure of calm, beauty and strangeness. But it is a siren's song to the unknowing. The simplest and safest way to enjoy these treats a modest cost is the use of fins, face mask and snorkel tube. These should be used in water no more than shoulder deep until one has mastered the skills of keeping the face mask tight, clearing it of any water that leaks in and breathing through the snorkel tube while the face is in the water.

Snorkel Tube

The snorkel tube should be no longer than necessary to permit face down leisurely swimming on the surface. Longer snorkels result in less efficient ventilation of the lungs and accumulation of carbon dioxide in the body. Snorkels are not diving equipment.

If the urge to dive gets the better of you there is one word of advice you should heed before every step, "Caution." Recognize the fact you are a novice at diving. Enroll for instruction in a recognized program, such as those sponsored by the YMCA. Learn how to dive safely. Choose your equipment with care, preferably after various better known makes. Then learn how to take care of it yourself. Don't trust your life to someone else.

A Job For Johnny

When school let out this month, the job market was flooded with hopeful boys and girls — many of whom will be looking for their first job.

Unfortunately, there won't be enough jobs to go around. Or, they'll require experienced hands.

There is, however, one field of employment that is open wide to teenagers. This is in home services — babysitting, farm work, lawn mowing and gardening, mowing lawns and general lawn work, general housework, laundering, ironing, painting, washing cars and windows, housecleaning.

Fifty-four teen-agers in the Gallipolis area of Ohio found odd jobs during just such jobs last summer. They got them through a teen-age employment agency set up by home demonstration clubs which, in turn, were assisted by the Cooperative Extension Service.

The student-manned agency late in the shool year, issued a call for applications from all high school boys and girls interested in summer work. As soon as school let out, it set up shop in a local church, installed a telephone, and staged a publicity campaign over the radio, in newspapers, by word of mouth.

By earlier mid-summer, any adult could receive part-time help within the hour. More than half of those registered found jobs.

Record Keeping Shows Way Toward Making Beef Better

Both purebred and commercial breeders need to use performance testing as a recorded way to improve growth rate and quality of their animals, says A. L. Eller, Jr., livestock specialist at Virginia Polytechnic Institute.

Fortunately, both growth rate and carcass quality are heritable and can be readily improved through selection. Best cattle of the future will no doubt be somewhat larger and faster gaining. They will be slaughtered at about the same weights as now, but will be less mature and have less outside fat. They must have sufficient marbling in the muscle and must have tenderness, flavor, and quality.

Performance records begin with joining the Virginia Beef Cattle Improvement Association, says Eller.

Carcass evaluation takes a sire progeny group of eight or more heifers or steers, feeds them to a desirable market weight, and then after slaughter evaluates the carcasses for weight per day of age, muscling, fat, marbling, and USDA grade.

Virginia BCIA members may conduct sire progeny carcass evaluation through this organization. The American Hereford Association and the American Angus Association have similar programs.

Injuries in Home Increase Sharply

During 1963, some 4,300,000 persons were injured in home accidents, an increase of six per cent over the previous year. Some 110,000 of the injuries resulted in permanent impairment.

According to the Association of Casualty and Surety Companies, these accidents occurred at the staggering rates of one every eight seconds, or 11,500 each day.

To reduce the chance of accidents occurring, it is recommends that parents pay particular attention to backyards free of Hoses, rakes, indeed household paraphernalia be properly stored when not in use, rather than carelessly scattered around the can trip over them.

ATHLETE'S FOOT HOW TO TREAT

Stop stinging T.-L.-L. Quick relief for cracked, peeling skin. In 3 days, most of the scaly, itchy skin is gone. Helps prevent germ invasion. Use regularly to control athlete's foot. Tell your druggist to order Tinactin. Only $1.00 for generous 2-oz. tube. Satisfaction or money back. Available at Patterson's Drug Store.

Adv.

Loans For Recreation Enterprise 4-Her's Win Trips To Camp

Farmers Home Administration loans may be obtained by family farmers for income - producing recreation enterprise. Some examples that may be financed are camping grounds, riding grounds, lakes and ponds for stables, vacation cottages, picnic grounds, lakes and ponds for fishing and boating, nature trails and shooting preserves.

These loans are scheduled for repayment consistent with the borrowers ability to repay, considering income from farming and the proposed recreation enterprise.

Loans from Farmers Home Administration to finance changes in current land use, including the development of recreation facilities and grazing and wooded areas, also are available to associations of farmers and other rural residents.

Information may be obtained from the Farmers Home Administration office in Farmville. The office is located in the Watson Insurance Building. Hunter P. Evans is the County Supervisor. Mr. Evans also has part-time office hours at Appomattox at the ASCS Office on Tuesday mornings from 9:00 to 9:30 a.m.

START SAVING HERE TODAY

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PREM Luncheon Meat ... 12-oz. can 39c

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Church News —

Adventist Church
ds. Layman in the Seventh-Day Adventist church will have charge of the service last Sabbath. Text of his sermon was taken from Acts 2:3 "Jesus answered unto him: Nicodemus, verily I say unto thee, Except a man be born again he cannot see the kingdom of God." He also stressed the need of man, the power, the need of studying God daily and rightly divide the word of truth."

Bible evil campaignions Ezekiel 9:2-9:24 tells us how we are with God for 300 years his translation. We walk and talk with God we were translated when we go to this earth again. We are praying Enoch's prayer, praying as Paul Ephesians 4:18, "Praying always with all prayer and supplication in the Spirit and watching thereunto with all perseverance and supplication for all saints."

Ezekiel 9:12-22 warns us. See how people evil for good and good for evil. Jesus said, "Ye are the salt of the earth: but if the salt have lost his savour, wherewith shall it be salted? it is henceforth good for nothing, but cast out, and to be trodden under foot of men."

Sermon Subject— 'The Fruits Of The Kingdom"

Methodist Youth Fellowship 6:30 p.m.

Evening Worship will be in the nature of a Hymn Sing. Worshipers from the congregation will have the opportunity to suggest his or her favorite hymn. The service will begin at 7:30 p.m. The public is cordially invited.

Friday — Chapel Choir 7:45

Monday— Chapel Choir 6:545

Tuesday —Sanctuary Choir 7:30

Wednesday — Official Board at 7:30

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Old Concord Presbyterian Church

Rev. Dr. W. Twyman Williams, acting pastor

10 a.m. Church School

11 a.m. Worship — preaching by Dr. Williams

6:30 — Youth Fellowship

• • • •

St Ann's Episcopal Church

Oakleigh Ave., Appomattox, Va.

June 28 — Fifth Sunday after Trinity

9:30 Holy Communion and Sermon

10:30 Church School

Epistle —1st Peter 3:3-14

Gospel — Luke 5:1-11

Collect — Grant, O Lord, we beseech thee, that the course of this world may be so peaceably ordered by thy governance, that thy Church may joyfully serve thee in all godly quitness; through Jesus Christ Our Lord. Amen.

• • • •

Red Oak Baptist Church

Oakville, Va.

Rev. —Keith Whitehead

Sunday School Supt. Robert Lucado

TU Director—Berkley Cabaniss

Sunday School — 9:45 a.m.

Evening Worship — 7:30 p.m.

Adult Choir Pract.—Wed. at 8 p.m.

Youth Choir Pract—Thurs. at 7 p.m.

Bible Study and Prayer—Wed at 7:30 p.m.

Springfield

"And in that day seven women shall take hold of one man, saying, We will eat our own bread, and wear our own apparel only let us be called by thy name, to take awdy our reproach." Isaiah 4:1

Miss Cora Pankey is home. She has been spending some time with her aunt in Dundalk, Md.

Mr. and Mrs. Percy Pankey spent several days with Mr. Pankey's mother, Mrs. Bertha Pankey.

Mr. and Mrs. Mitchel Ferguson and Mitchel, Jr., Ashwin and Carolin, of Dundalk, Md., visited relatives and friends here in Appomattox for several days last week.

Mrs. Barbara Ferguson and Mrs. Sadie Pankey visited Mrs. Bessie Robertson Saturday evening.

Mrs. Lillie Wiley, of Washington, D.C., visited her daughter, Mrs. Alice Jones, over the week end.

Mrs. Barbara Ferguson and Mrs. Sadie Pankey visited Mr. and Mrs. Anderson Haskins Saturday evening.

Annual Woman's Day was enjoyed Sunday at the Springfield Baptist Church. Mrs. Jordan gave a very inspiring talk. Miss Mattie Fleshman read a paper which was very good.

Mrs. Leola Hairston, of Washington, D.C., spent the week end with her parents, Mr. and Mrs. Hubert Pankey. Mrs. Kathleen Williams, of Newark, N.C., and Lester is spending some time here with her parents, Mr. and Mrs. Hubert Pankey.

Mr. Samuel D. Ferguson and daughter, Demrase, visited Mr. and Mrs. Hubert Pankey Sunday evening.

Miss Geraldine Jones, of Washington, D.C., visited her parents, Mr. and Mrs. James Jones, over the week end.

Rev. J. P. Rose visited Mr. Hubert Pankey Sunday evening.

Liberty Baptist Church

O. D. Moore, Pastor

Pr. Primditive Delgado, Dean of Blackfield colleges in Virginia, will be the guest minister of Liberty Sunday morning at the worship hour. A native of Cuba, Dr. Delgado is a graduate of Southern Seminary and was Pastor of the Marion Baptist Church for ten years before accepting the Director of Bible field. His appearance at Liberty Sunday will be in interest of Christian Education as it relates to World Missions program of the church.

Sunday Evening at 8:00 there will be a G. A. Coronation Service sponsored by the WMU.

Calendar of Activities

SUNDAY

9:45 a.m. — Sunday School

11:00 a.m. — Worship

7:00 p.m. Training Union

8:00 p.m. Worship

WEDNESDAY

3:30 p.m. Carol Choir

6:30 p.m. Concord Choir

7:30 p.m. Hour of Power

8:00 p.m. Church Choir

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Memorial Methodist Church

F. S. Wagoner, Minister

Church School 9:45 a.m.

Ben Wheeler, Church School Supt.

Worship — 11:00 a.m.

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Adv.

Merlyn Kay Presides At FHA Meeting

The Nineteenth Annual Convention of the Virginia Association, Future Homeamakers of America was held June 15-18 was held last week, June 15-18 at the Hotel Chamberlain, Old Point Comfort, Fort Monroe, Va. Attending the convention from Appomattox were Merlyn Kay Martin, state president; Clara Braford, federation secretary; Debbie Thomas, chapter president; and Maurine McCormick, chapter reporter.

The Appomattox representives performed many duties the week Debbie Thomas served as a hostess at the banquet, Maurine McCormick served as a page, and Clara Braford served as a delegate at large from the federation.

Clara will attend the National FHA convention in Chicago. She will be a member of the Affiliate Chorus, and participate in a skit sponsored by the Virginia delegation.

The theme for the week was "Launching Citizenship through Homemaking and the Future Homemakers of America". Interesting and enlighting talks and group discussions were presented before delegates from all parts of Virginia.

Mr. Earl Smith, Superintendent of the Appomattox County Schools, and his wife were guests at the banquet Wednesday evening.

Although not able to attend the convention Cynthia Richardson received the highest award given in FHA, the State Homemaker Degree. Cynthia received this award for the outstanding work she had done for the past four years.

Dr. William C. Cooke, newly elected president of the National TB Association, congratulates Mrs. James C. Rea, Jr., the woman who was elected in behalf of the Central Virginia Health and TB Association.

Virginia Native Elected

Central Virginia TB Association Receives Award At Annual Meet

Mrs. James C. Rea, Jr., of Cartersville, who participated in the session for volunteer board members, and the Evaluation of Tuberculosis Association programs at the 60th annual meeting of the National Tuberculosis Association in New York City on May 29, was presented with an award for the Central Virginia Tuberculosis and Health Association which read as follows:

The National Tuberculosis Association hereby commends Central Virginia Tuberculosis and Health Association of Virginia for the contribution made by its Board of Directors and Staff in assessing its progress and planning for the future through use of the Evaluation Guide." Signed by James E. Perkins, Managing Director and Peter Janus, President National Tuberculosis Association.

This association was the only one in Virginia to receive any award.

Mrs. Emma G. Anthony, executiv director, was sent to represent the Association by the board of directors.

Sixty-five Virginians representing tuberculosis associations and the Virginia Thoracic Society saw the Virginia native now residding in Charleston, W. Va., elected president of the National Tuberculosis Association, at its 60th annual meeting in New York City on May 29. A native of Newport News and educated in its public schools, the new president received his doctor of medical degree from the Medical College of Virginia.

Dr. William L. Cooke, a former medical director of Gilmer Sanatorium in Charleston, believes that the goal of eradication of tuberculosis is feasible. It will not be an easy victory," Cooke said, for more than 55,000 new cases of active tuberculosis were reported in the United States in 1963 and more than 9,500 Americans died of the disease. However, if the program outlined by the Task Force on Tuberculosis appointed by the U. S. Public Health Service Surgeon General is supported by the Congress and developed by the states, the eradication of this unnecessary and costly disease can be eradicated. We spend $725,000,000 annually on this disease."

Pamplin Native Carves Wooden Horses, Wagons

Declared totally disabled by five Virginia doctors, a 58 year old native of Pamplin and elder of the Pamplin Presbyterian Church is keeping his hands active and mind alert by pursuing a hobby of fine craftsmanship. Lawrence H. Ramsey of 500 Stafford St., Lynchburg, cannot work because of dotors' orders but he can carve miniature wooden horses and farm wagons during his leisure hours at home.

Carving knives and a saw are used by Ramsey to cut the horses from a pattern drawn by Phillips Reid, Ramsey's next door neighbor.

The horses are made of white pine wood while the wagons are built from scrap wood which is gathered at the cabinet shop where Ramsey worked. The horses even have manes and tailes made of real cow hair that was given to Ramsey by one of his tenants.

Besides horses and wagons, Ramsey has fashioned a miniature spinning wheel, napkin holders, small boards for ironing shirt sleeves, and even a ukulele.

Ramsey and his wife devote much o' their free time to the work of the Presbyterian Church in Pamplin. His other time, however, is spent resting or working on his hobby.

Don't Bang Into Tree With Mower

When mowing your lawn, try not to bang into the trunks of trees. It can cause certain areas of the bark to die — and sometimes the whole tree.

To prevent such injury, Extension specialist at Iowa State University suggest you make a barrier of soil around each tree. Aluminum or sheet stripe, 4 to 6 inches wide, can be placed vertically into the soil at the outer edges of the barrier to keep the grass from invading the cultivated spot.

Some homeowners like to plant flowers in this area. Or, you can use gravel or crushed rock.

If you already have a tree-damaged by careless mowing, trim around the wounded area and paint it with tree-wound dressing. You can get this from most garden supply houses and hardware stores.

An estimated two million Americans now living have survived a stroke and many are back at work, Virginia Heart Association says.

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